

TWIN PIKE FAMILY YMCA

Fall PROGRAMS



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<u>PROGRAM</u>	<u>DATE HELD</u>	<u>REGISTER BY</u>	<u>COST</u>
Bowling Fundraiser	September 28	September 28	\$100/Lane 3hrs
Swim Team	September-March	Monthly	Call for Details
Karate	Tues/Thurs (5:30-6:15) (6:15-7:15)	Monthly	Call for Details
Personal Training	Ongoing	Call for Details	Starting at \$99
Powerlifting Meet	Sept. 14	Sept. 7	\$15-\$30
Disc Golf Tournament	October 19	October 19	ADV \$25 REC \$20 Youth \$15
Adult Coed Volleyball	November 5- December 10	October 29	\$200/Team
5k Zombie Run	October 12	October 12	\$20 youth \$25 member \$30 nonmember
Running/Walking Club	June - October 11	Call for Details	\$20



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